

Kid Room Hours
Monday - Friday
8:15am - 10:15am
Monday - Thursday
4:30pm - 6:30pm

January 2012



ZUMBA®
 It's an exhilarating, effective,
 easy-to-follow, Latin-inspired,
 calorie-burning dance
 fitness-party™

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8:30 Kickfit 10:30 YogaStretch (SS) 5:00 KBC	8:30 *Sit-N-Spin 9:30 Plates 11:30 MSROM (SS) 4:15 *Sit-N-Spin 5:15 Power Pump 6:00 GUTTBUSTERS	8:30 3-2-1 5:00 Kickfit 5:45 GUTTBUSTERS	8:30 *Sit-N-Spin 9:30 YOGA 11:30 MSROM (SS) 4:30 3-2-1 5:15 *Sit-N-Spin	8:30 Power Pump	8:00 *Sit-N-Spin	
8	9	10	11	12	13	14
8:30 Kickfit 10:30 YogaStretch (SS) 5:00 KBC	8:30 *Sit-N-Spin 9:30 Plates 11:30 MSROM (SS) 4:15 *Sit-N-Spin 5:15 Power Pump 6:00 GUTTBUSTERS	8:30 3-2-1 5:00 Kickfit 5:45 GUTTBUSTERS	8:30 *Sit-N-Spin 9:30 YOGA 11:30 MSROM (SS) 4:30 3-2-1 5:15 *Sit-N-Spin	8:30 Power Pump	8:00 *Sit-N-Spin	
15	16	17	18	19	20	21
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22	23	24	25	26	27	28
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29	30	31	<div style="border: 2px solid black; padding: 5px; background-color: black; color: red; font-weight: bold; font-size: 1.2em;"> ZUMBA® - February Schedule!! </div>			
8:30 Kickfit 10:30 YogaStretch (SS) 5:00 KBC	8:30 *Sit-N-Spin 9:30 Plates 11:30 MSROM (SS) 4:15 *Sit-N-Spin 5:15 Power Pump 6:00 GUTTBUSTERS					