

Kid Room Hours

Monday - Friday

8:15am - 10:15am

Monday - Thursday

4:30pm - 6:30pm

February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 3-2-1 4:30-5:00 Kickfit 5:00-5:15 GUTTBUSTERS 5:30 ZUMBA	2 8:30 *Sit-N-Spin 9:30 YOGA 11:30 MSROM (SS) 4:30-5:25 ZUMBA 5:30 *Sit-N-Spin	3 8:30-9:00 Power Pump 9:00 - 9:30 ZUMBA	4 8:00 *Sit-N-Spin
5 8:30 Kickfit 10:30 YogaStretch (SS) 5:00 KBC	6 8:30 *Sit-N-Spin 9:30 Pilates 11:30 MSROM(SS) 4:15 *Sit-N-Spin 5:15 Power Pump 6:00 GUTTBUSTERS	7 8:30 3-2-1 4:30-5:00 Kickfit 5:00-5:15 GUTTBUSTERS 5:30 ZUMBA	8 8:30 *Sit-N-Spin 9:30 YOGA 11:30 MSROM (SS) 4:30-5:25 ZUMBA 5:30 *Sit-N-Spin	9 8:30-9:00 Power Pump 9:00 - 9:30 ZUMBA	10 8:00 *Sit-N-Spin	11 8:00 *Sit-N-Spin
12 8:30 kickfit 10:30 YogaStretch (SS) 5:00 KBC	13 8:30 *Sit-N-Spin 9:30 Pilates 11:30 MSROM(SS) 4:15 *Sit-N-Spin 5:15 Power Pump 6:00 GUTTBUSTERS	14 8:30 3-2-1 4:30-5:00 Kickfit 5:00 - 5:15 GUTTBUSTERS 5:30 ZUMBA	15 8:30 *Sit-N-Spin 9:30 YOGA 11:30 MSROM (SS) 4:30-5:25 ZUMBA 5:30 *Sit-N-Spin	16 8:30-9:00 Power Pump 9:00 - 9:30 ZUMBA	17 8:00 *Sit-N-Spin	18 8:00 *Sit-N-Spin
19 8:30 Kickfit 10:30 YogaStretch (SS) 5:00 KBC	20 8:30 *Sit-N-Spin 9:30 Pilates 11:30 MSROM(SS) 4:15 *Sit-N-Spin 5:15 Power Pump 6:00 GUTTBUSTERS	21 8:30 3-2-1 4:30-5:00 Kickfit 5:00-5:15 GUTTBUSTERS 5:30 ZUMBA	22 8:30 *Sit-N-Spin 9:30 YOGA 11:30 MSROM (SS) 4:30-5:25 ZUMBA 5:30 *Sit-N-Spin	23 8:30-9:00 Power Pump 9:00 - 9:30 ZUMBA	24 8:00 *Sit-N-Spin	25 8:00 *Sit-N-Spin
26 8:30 kickfit 10:30 YogaStretch (SS) 5:00 KBC	27 8:30 *Sit-N-Spin 9:30 Pilates 11:30 MSROM(SS) 4:15 *Sit-N-Spin 5:15 Power Pump 6:00 GUTTBUSTERS	28 8:30 3-2-1 4:30-5:00 Kickfit 5:00 - 5:15 GUTTBUSTERS 5:30 ZUMBA	29 8:30 *Sit-N-Spin 9:30 YOGA 11:30 MSROM (SS) 4:30-5:25 ZUMBA 5:30 *Sit-N-Spin			